

Best Friends

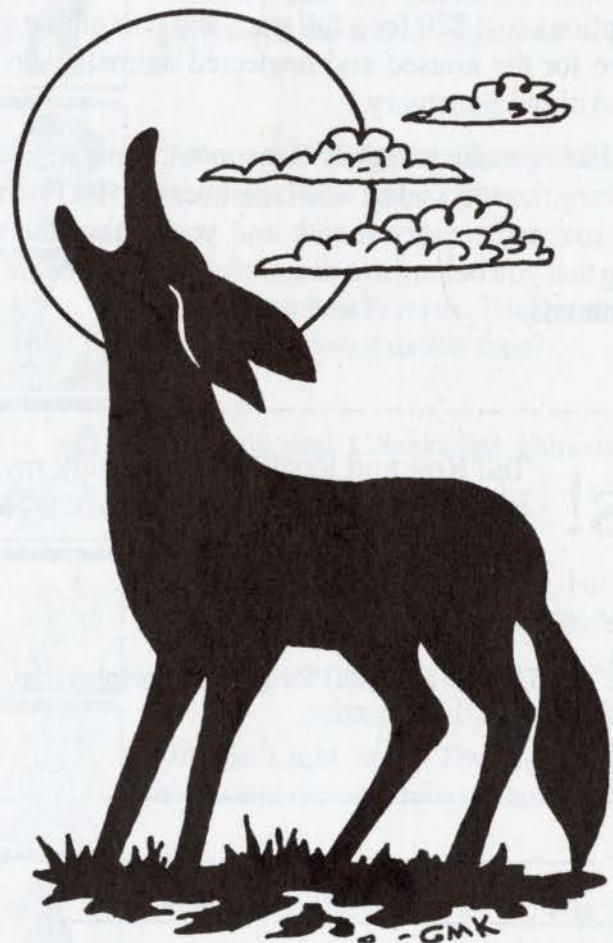
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August/September 1992

All the good news about animals wildlife and the earth

In this Issue

- The Coyote: Our last-chance teacher?
- It's official: Money does grow on trees.
- Rabbi bans wearing fur.
- The proper way to kiss your cat.
- Queen Victoria, Steffi Graff and Kim Basinger are all agreed.



Read Best Friends Magazine Every Month



Every month Rok and Rozlyn Raven, our mythic pair of busybody ravens, scan the earth and gather together all the good news they can find about animals, wildlife and the earth for Best Friends Magazine.

Subscriptions cost \$20 for a full year, and part of that goes directly to help care for the abused and neglected animals who come to Best Friends Animal Sanctuary.

If you'd like to make a slightly larger commitment, you can send \$45 (or \$5 every month) and be a full member of Best Friends. We'll send you the magazine every month and you'll have the satisfaction of knowing that you belong to a wonderful circle of people who truly care about animals.

Yes! Tell Rok and Rozlyn Raven to fly my way every month with all the good news about animals, wildlife and the earth.

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Best Friends MAGAZINE

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Best Friends Magazine is published by Best Friends Animal Sanctuary - one of the largest no-kill animal shelters in the U.S. The sanctuary is located at Angel Canyon Ranch in the majestic red-rock country of Southern Utah.

Best Friends also sponsors a national network of animal lovers who participate in animal-rescue work, foster care, spay/neuter work and humane education.

The sanctuary is supported in part by subscriptions to this magazine, and also from membership donations, direct contributions and the sale of Best Friends products.

Membership

Basic Membership in Best Friends costs \$45 per year, or \$5 a month.

Our Adopt-a-Pet partners send \$15 a month (\$180 a year) to sponsor one of the 1500 dogs, cats and other animals who live at the main sanctuary.

Business Members assist in the work of Best Friends through financial or product donations and services.

Best Friends Animal Sanctuary
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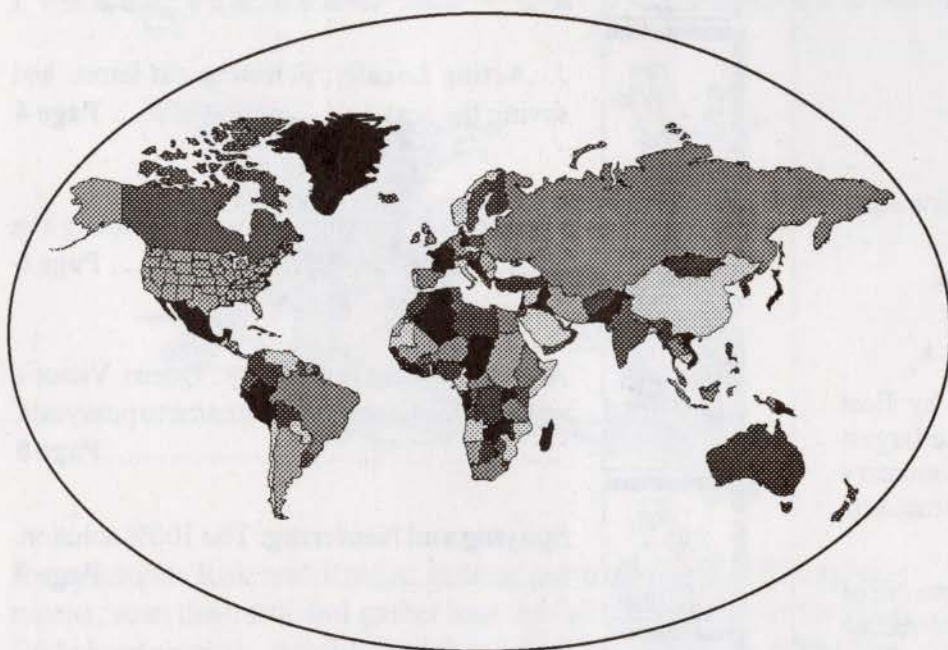


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Thinking Globally . . .



Spain. The best news from this year's Olympics at Barcelona is that bullfighting may be on the way out. The World Society for the Protection of Animals has gathered 2,424,000 signatures from 63 countries on a petition demanding a worldwide end to bullfighting. This is one of the largest petitions ever, and by the time you read this issue of *Best Friends* it will have been delivered to the mayor of Barcelona.

Said Wim de Kok of the WSPA: "As Spain celebrates the arrival of millions of tourists this summer, we want to send a clear message that the torture and slaughter of thousands of helpless animals is not part of the celebration."

World Bank responds to heavy pressure. 30,000 people wrote letters to stop World Bank loans that would destroy the Cote d'Ivoire rain forest. The World Bank responded with a new policy. The World Wildlife Fund and Friends of the Earth organized the campaign.

Bhutan. Hunting is illegal in Bhutan. Bhutanese Ambassador Namgyal Wangchuk objected to an Earth Summit proposal which recommended husbandry of wild species.

"In my country the religion is Buddhism, and Buddhist sentiments do not support taking of life. In the document, wildlife management is seen as supporting rural incomes. But in Bhutan hunting has never been seen as a means of livelihood. The law does not allow it and the religious sentiments of the people cannot support it. It would not be possible for my government to implement this program."

"There is no doubt that a bullfight completely contradicts our holy Torah."

*Rabbi Ovadya Yosek,
in an Israeli newspaper*

Russia. Veterinarians from several countries donated food and vet supplies for 360,000 pet cats and dogs in St. Petersburg.

And Boris Yeltsin signed the first law to permit major fines for environmental violations.

Ecuador. Achuar, Shiwar, and Quechua Indians have been given official title to land in the rainforest.

England. Libearty is a campaign to help bears. Just launched by the London-based World Society for the Protection of Animals, it will try and stop the killing of bears, and all forms of cruelty to bears. Cruelty is unbearable...

England. Muncaster Owl Centre on the West Coast of Cumbria in England, located on the grounds of a 700 year old family home, has one of the largest collections of owls in the world.

And in Wiltshire, a family of Barn Owls has been living in the same oak tree for 255 years, says the family of people who have been keeping track of the owls all that time.

Britain's retail hardware chain **B&Q** has announced it will only import wood from countries which have clear forest-management guidelines.

Europe. Several investment companies specialize in environmentally conscious investments. *Ecofin*, the *Environment Capital Fund*, the *Jupiter Tarbutt Merlin International Green Investment Trust* and *Pierson, Heldring & Pierson* are listed by the Wall Street Journal (May 29, 1992) as being in the forefront.

Write this down! American

EcoWriter pencils by the Faber Castell Corporation are made of recycled newspapers and cardboard boxes. They will be available this back-to-school season at a price comparable to the normal wood encased pencils.

Mexicans love cruelty-free. Freeman Cosmetics of California report increased sales in Mexico by 206,000 in less than a year by introducing a product line not tested on animals.

"The forest is a peculiar organism of unlimited kindness and benevolence that makes no demands for its sustenance and extends generously the products of its life activity; it offers protection to all beings, offering shade even to the axeman who destroys it."

Buddha

IPPL, the International Primate Protection League, reports that due to its direct intervention, the following governments have now banned the exporting of monkeys: Thailand, India, Bangladesh, Malaysia.

Japan and Taiwan have agreed to stop drift net fishing. **Korea** is expected to follow. The U.S. Congress was considering sanctions. (NWF March/April 1992)

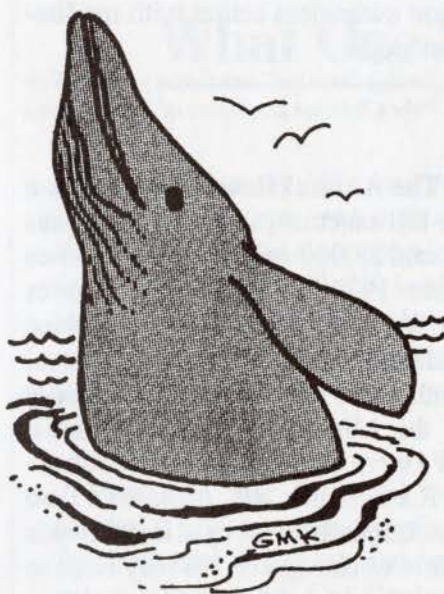
Denmark. 7000 bikes, in well traveled areas of Copenhagen, can be rented for \$3.50. The deposit is returned when the bicycle is returned.

Brazil. Contrary to what you have probably heard about the African honey bee, it turns out that in Brazil, where they have flourished, beekeepers much prefer them because they produce more honey than our European-origin bees, and they are more

disease-resistant. Bee scientist Edward Southwick advises Americans to welcome the African bees to our South, where they will probably survive, and learn how to handle them, since they are definitely more aggressive.

Croatia. The Croatian Veterinary Services have been performing heroically in the middle of the war in what was Yugoslavia. They arrive with, or before, the regular medics and help coordinate all the relief work.

Singapore. The SPCA ran a successful 3 month campaign to "Stop Animal Abuse", using ads in English and Chinese.



Germany plans to build special housing for bats who are holed up in old tunnels. Orchard owners are delighted since bats are a better alternative to insecticides.

Jersey Writer Gerald Durrell set up a special trust to rescue wild animals on this little island near the English coast. The trust now has programs operating round the world which specialize in helping return recovered animals to the wild.

Australia. Orphaned kangaroos are taken care of by the Wildlife Information and Rescue Service. They live in little pouches which are hung up on the wall to look and feel like mommy! Baby ringtail marsupials come there too, and sleep in boxes filled with sheep wool. The organization has rescued more than 50,000 baby animals.

China. The government will be spending about \$30 million to rescue the panda from extinction. 14 new reserves are planned. Pandas are very fussy eaters, so their habitat is key to their survival.

Italy. The government has set aside about \$15,000 for a national spay/neuter program - mainly for cats living wild.

France. Corporal Heller was heading into battle in the Persian Gulf War with the French Foreign Legion, when he saw a small bundle of fur by the roadside. He stopped his truck and rescued the puppy, whom he called Scud. Scud is now a handsome young dog who lives with the soldiers at their barracks in France.

France. The prison at Nice on the French Riviera keeps 150 cats for therapy with the inmates. The prisoners say the cats really brighten their day and make life easier. And the cats love the attention. Remember the Birdman of Alcatraz, who developed a love and fascination for birds while serving a life sentence? Officials say that having animals around can have a real therapeutic effect on tough-case prisoners.

Germany. "I'd go a mile for a camel," could be the motto of the mayor of a small Bavarian town. He loves dromedaries - camels with just one hump. He has some at home, and takes them on TV shows. Dromedaries are actually the most common of the world's 14 million camels.

... Acting Locally



Ferret Friends rescues up to 70 ferrets each year from several states. Their hotline is 1-602-622-4940.

The **Center for Marine Conservation** helps the sea and everything that lives there, including whales and manatees. One of their programs is an International Coastal Cleanup that last year involved 130,000 volunteers in 34 states and territories scouring over 3900 miles of beach collecting 2.8 million pounds of coastal trash. 15,000 volunteers in 12 other countries collected 827,000 pounds of trash.

And if you don't live near the sea, you can still do your bit to help the oceans. Here's some of what they suggest:

Plant a garden and reduce dependency on chemicals and pesticides that could wash into local streams and then into the oceans.

Landscape your home with native plants and in such a way as to avoid erosion and runoff.

The **Connecticut Humane Society** is one of the oldest in the country, founded in 1881 by Gertrude Lewis. For many decades, in the absence of properly organized child-protection agencies, this humane society also handled child-abuse cases. The CHS has five main facilities in Connecticut, plus animal ambulances, humane education programs, pet therapy pro-

grams and emergency services.

The **New York City ASPCA** reports adopting out 11,233 animals in 1991. Roger Caras, who used to report on animals for ABC TV news, is their new president. You can call them at 1-800-395-ASPCA.

The **Friends of Creation** group at Heritage Presbyterian Church recycles plastic and cardboard, publishes a one page educational newsletter "To Till and to Keep" and is working on a plan to make some of the church's forested land into a creation awareness center with meditation stops.

("Loving Creation" newsletter published by the Christian Ecologists of Washington.)

The **Animal Rescue Mission** is a no-kill sanctuary in Toronto that has placed 23,000 animals in new homes since 1971. The Mission operates thrift stores, an ambulance service and an animal farm sanctuary in rural Ontario. It's sponsored by the Order of the Missionaries of St. Francis. (We were delighted to find out about A.R.M. when its director, Bob Mackenzie dropped by at Best Friends a few weeks ago on his way back to Toronto from Arizona. Hi, Bob!)

The **Mountain Lion Preservation Foundation** helped pass a law banning people from killing mountain lions for trophies in California.

The **Student Environmental Action Coalition** of Chapel Hill, NC is working to save beavers in the urban environment from lethal trapping.

PAWS in San Diego stands for **Pets are Wonderful Support**. They work with pet owners who have AIDS/ARC.

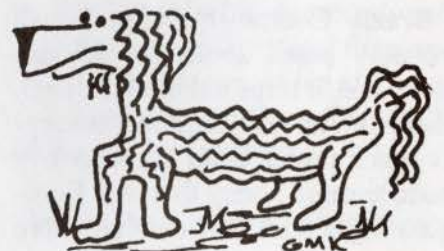
Pets in Need in the San Francisco Bay Area provides temporary shelter for dogs and cats until they are adopted, assists low income seniors with necessary veterinary care, and provides a lost and found assistance service.

For 40 years the **Nature Conservancy** has been quietly purchasing and setting aside endangered wildlife habitats. In that time they have protected nearly six million acres worldwide, providing safe, permanent habitat to countless plant and animal species.

A **letter writing campaign** to the Postal Service has stopped stamps commemorating rodeos. "We've received more letters opposing rodeo as a subject than we have received in favor. Many people believe rodeos are cruel to animals."

("Speaking for Animals" Humane Society of Utah.)

Afghan Rescue. Andrea Augustine and her group, Afghan Hound Rescue of Southern California, have rescued over 50 beautiful but unwanted Afghans since they joined forces in July 1991. They go around pounds and shelters, take the dogs off the streets, and keep an ear to the ground for owners who no longer want them as pets. Then they rehabilitate them and place them in new homes. If you'd like to give a home to one of these beautiful animals, call Andrea at 310-657-8237.



Happy Birthday, Sierra Club



"When we try to pick out anything by itself, we find it hitched to everything else in the universe."

That's the sort of thing serious ecologists say today, but the words are John Muir's, and he founded the Sierra Club in 1892. He was devoted to saving the giant Sequoia trees and the coastal Redwoods, and together with some prominent California friends he set out to protect the Sierra Nevada by establishing preserves and parks all the way along the range, with hiking trails and maps.

The Sierra range is indeed one of the best-protected in the world, but the Sierra Club is still working to preserve 2 million as yet unprotected areas which property developers are moving in on. In John Muir's words:

"The battle we have fought, and are still fighting, for the forests is part of the eternal conflict between right and wrong. I trust, however, that our club will not weary in this forest well-doing."

In 1898 the Club began a campaign which resulted, in 1968, in the establishing of Redwood National Park. In 1910 they helped found Glacier National Park. In 1950 they established an Atlantic Chapter and became a national organization. Ten years later they had 15,000 members. In 1976 they established a political action committee, and ten years after that, membership was over 350,000.

Now they have an international program based in Washington DC, working to help preserve the earth.

Corrections from last issue:

The editor of "Our Animals" is Paul Glassner. His last name was misspelled as Gleason.

The banning of the Draize test was approved by the California State Assembly only - not by the entire Legislature. Therefore it is not yet law.

If you come across good news about animals and the earth, write it down and send it in. If it's from another publication, tell us so we can credit it correctly.

Let's make a deal!

You love animals. You need extra cash. Your job's a bit blah. You've got recession blues.

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One at a time, by subscription, or by the box-load.

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What One Person Can Do

People often say "I'd love to help, but what can one person do?" Here's what three couples have been doing. Best Friends staff members met them each recently while visiting their cities, and returned with glowing reports.

Rita and Nic DeRoche of Carmel, Calif, have been caring for feral cats for years without any volunteer help. **Cat Caring Connection** has helped them with a donation of food and litter and placing an ad for volunteer help that encouraged four other people to learn the different feral cat colonies. Rita and Nic come from Belgium and live with 27 cats in an immaculate home with a lattice work cattery that surrounds half the house. It's a beautiful example of how a family can have lots of cats without the house going to the dogs. (Sorry about that!)

P.S. Cat Caring Connection

also has a very active branch in Marin County, Calif., run by Bill and Tamara Blogg. We'll be writing more about them next month.

Fred and Belinda Marshall help provide food and vet care and lots of love for abused horses, especially wild horses left to starve in rural communities, until they can find a new home. They can be reached at Human Responsibility for Animals, Rte 10, Box 110B, Santa Fe, NM 87501

And in Chimayo, New Mexico, **Camillo and Edie Trujillo** take care of 47 dogs, 13 cats and some pigeons. Camillo retired from the Post Office 7 years ago, but they've been helping animals all their married life. A sign on their house reads: "This house is maintained for the comfort and safety of my dogs. If you cannot accept that, then you cannot accept me."

Changing Attitudes



In School

Operation Frog is an Apple Macintosh computer program that enables students to dissect a male or female frog on the screen. The frog can then be reconstructed and saved to a disk. This is something that real live frogs everywhere will definitely appreciate, so they can duly turn into handsome princes.

Purdue School of Veterinary Medicine now offers a minor in animal welfare, and Norwalk, CT, now allows students in public schools to refuse to do dissection labs.

Protecting animals

CEASE is Citizens to End Animal Suffering and Exploitation. They're based in Massachusetts and do a lot to stop hunting and fur-wearing. They recently reported a big protest rally against fur at Jordan Marsh Department Store in Boston. Animal lovers waved signs like "Have a heart, don't wear fur." Some of them went into the store for a sit-down protest. Fur sales kind of ground to a halt, as you might imagine!

CEASE reports that Lord & Taylors and Filenes in Boston are closing their fur salons.

The **Animal Protection Institute** has a special "Trap Force" of volunteers working against trapping of animals all over America.

They report that Bill Blass, Carolina Herrera and Louis dell'Olio have stopped designing furs. And in New York, the number of fashion openings featuring real fur is down by half.

California deer license sales dropped by 16,000 last year.

The Great Trail Ohio council of Boy Scouts voted to not open Camp Manatoc to hunters.

Edmond, Oklahoma refused a bowhunt at Arcadia Lake even though the State recommended it.

The **World Society for the Protection of Animals** has been running a No Fur Campaign for the last five years in 26 languages. And the European Community has now banned the import of any fur caught in a leghold trap.

Dr. Vernon Coleman of Britain has written a book entitled "Why Animal Experiments Must Stop."

And according to Britain's Centre for Medicines Research, the infamous LD50 drug reliability test on animals is now considered unreliable itself. If this test were dropped worldwide, 240 animals and \$726,000 would be saved for each new drug introduced!

(The Civil Abolitionist, Winter 1991-1992)

Rabbi bans fur Rabbi Chaim David Halevy of Tel Aviv issued a religious ruling forbidding the wearing of fur because of the sorrow to the animals.

Djankawu is an Australian aboriginal spirit figure who was said to teach the people how to live in humility and harmony. He taught that all living creatures were friends and gave knowledge to talk to the creatures.

(Sojourner's Magazine, May 1992)

Someone once asked Saint Isaac the Syrian, "**What is a charitable heart?**"

He replied:

"It is a heart which is burning with love for the whole creation, for men, for the birds, for the animals... for all creatures. He who has such a heart cannot see, or call to mind, a creature without his eyes being filled with tears by reason of the immense compassion which seizes his heart; a heart which is softened and can no longer bear to see or learn from others of any suffering, even the smallest pain, being inflicted upon any creature."

"That is why such a man never ceases to pray also for the animals, for the enemies of truth, and for those who do him evil, so that they may be preserved and purified. He will pray even for the reptiles, moved by an infinity which reigns in the hearts of those who are becoming united with God."

Political news

Quote: "I have always believed that people who care about animals also care deeply about other people."
- Jerry Brown, political candidate and longtime vegetarian.

The **Green Party** is now official in Alaska and California, and may be soon in eighteen more states. Two

thirds of the Greens in California are women.

In the Business World

The **Burrowing Owl Alliance** is the work of Pacific Gas and Electric Co. and several humane groups. The purpose is to create burrowing owl habitats in power line corridors of Silicon Valley. PG&E supplies the equipment and some potential nesting sites.

...and for the condors: Southern California Edison and Seneca Resources (an oil field owner) buried 1.6 miles of power line underground so that newly released California condor chicks could fly safely.

Electric trash The Emerald People's Utility District in Oregon taps methane from garbage in a landfill to produce electricity for 650 homes.

Kindness is good business PETA News (People for the Ethical treatment of Animals) reports that Pathmark drugstores have assured them that none of its store brand household or beauty products are tested on animals.

Stopped Testing Bonne Bell Cosmetics, Liz Claiborne, The Wella Corporation and Neutrogena Skincare Institute have announced permanent bans on animal testing of their products.

Danish Drugmaker fixes free fertilizer Novo Nordisk makes drugs like insulin and penicillin, and produces up to 3,000 tons per day of waste product sludge. This sludge, however, turns out to be an ideal fertilizer. So Novo Nordisk trucks it away every day and delivers it free to local farmers.

Rubber tire power In Wolver-

hampton, England, the first British power station powered by old car tires is being built. It will be finished next year, and will consume nearly a quarter of all England's old waste tires. American technology is at the heart of the design, and the air which finally comes out of the plant's chimney is reported to be cleaner than regular outside air.

"A child's first encounter with nature is often in the form of an animal. To children, animals are magical, expressive beings, no less interesting (or perhaps more interesting) than humans. It's nice, as grownups, to remember the child's sense of delight in all the creatures that share our earth."

(The Nature Catalog. Summer, 1992)

Gardening

America's gardeners have gone organic. That's the good word from editor Mike McGrath of **Organic Gardening**, which just turned 50. It began with articles during the Second World War encouraging its readers to plant a Victory Garden. A recent poll showed that more than half of the 60 million people who garden in America no longer use chemicals. Compost, manure, beneficial insects, etc. all do the job better. McGrath says: "Every time I get someone to give up chemicals and garden organically, everybody in the neighborhood is safer: the water in the ground is safer, their kids are safer, their dog is safer."



Gardening began about 8,000 years ago. **Cleopatra** is said to have invented container gardening when she planted rose bushes in big clay pots and had them put on her barge.

Adopt-a-Pet Mail

Sponsor a pet in Best Friends' Adopt-a-Pet program and you'll have a great new pen-pal!

Paul and I are pleased to be part of your wonderful program and new adoptive parents of Scudder. We are great animal lovers, and have a sweet year-old Beagle named Dexter. I wish we could have more dogs, but being an adoptive parent is the next best thing. I am going to recruit some friends to adopt as well.

RANDI WAGNER VAN DAM
Salt Lake City, UT

(Paul Van Dam is Attorney General in our home state of Utah.)

Dear Spats,

Everything here in El Paso is nice, lots of rain. We want you to know how much we appreciate your letters. They brighten our days to know that you are doing well and being well taken care of.

Thank you for my new Adopt-a-Pet Mulsifer. The pictures you sent really made my day. I hope that at some time in the near future I will be able to volunteer some of my time to this sanctuary which I so strongly believe in, and visit the wonderful new addition to my family.

Dearest Little Rocky,

I think of you frequently and pray you are happy. Here is a little surprise (a nice cat bed and some special treats). Remember to share with your friends.

And from all the animals here, thanks to all of you who, by your love and caring, make it possible for all of them to live healthy and happy lives here.



Animal lovers in history

Many famous people throughout history have stood up on behalf of animals to stop institutionalized cruelty like medical experimentation. Here's what a few of them said:

Queen Victoria of the British Empire was almost fanatically opposed to experiments on animals. She wrote frequently to her ministers, like in this letter to Prime Minister Gladstone:

"The Queen has done all she could on the dreadful subject of vivisection, and hopes that Mr. Gladstone will speak strongly against a practice which is a disgrace to humanity and Christianity."

Charles Darwin did much to develop the Theory of Evolution. But he was no cold-hearted scientist. Whether or not one agrees with him, we must recognize that by linking the

human world to the animal world, he demonstrated that people had no right to mistreat other creatures which were, he proved, very similar to us. In "The Descent of Man" he wrote:

"The love for all living creatures is the most noble attribute of man."

Adlai Stevenson was a famous U.S. Senator. In "Putting First Things First", he wrote:

"It is difficult to imagine the Great Creator conceiving of a program of one creature (which He has made) using another living creature for purposes of experimentation. There must be other less cruel ways of obtaining knowledge."

Prince Rainier III of Monaco once said to the Anti-Vivisection Magazine:

"I feel strongly about vivisection and, although scientists endeavor to explain and justify it by the research value that its practices offer, I cannot admit these arguments as really valuable in regard to one's belief and one's faith."

And **James Mason**, the well-known actor, refused to act in a film in 1980 with Sophia Loren because of a proposed cock-fighting sequence. He said:

"I don't think you should hurt or kill animals just to entertain an audience.... I will have none of it."

(In the few brief years since his death in 1984, the cause of animals has prospered beyond anything he might have imagined, as multiple safeguards are now in place in the movie industry to help prevent cruelty to animals.)

Walt Whitman wrote poetry in America in the 19th century. Here's an excerpt from "Song of Myself":

*I think I could turn and live with animals,
They are so placid and self-contained.
I stand and look at them long and long.
They do not sweat and whine about their condition,
They do not lie awake in the dark and weep for their
sins,
They do not make me sick discussing their duty to God;
No one is dissatisfied, no one is demented
with the mania of owning things,
Not one kneels to another, nor to his kind that lived
thousands of years ago.
Not one is respectable or unhappy over the whole earth.*

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EXPLORE THE MYSTERIES
OF KANAB CREEK

Spaying and Neutering

Last month we wrote about the growing wave of "no-kill" shelters around the U.S., who do not put animals to "sleep". Best Friends Animal Sanctuary is amongst these. We included the point - and it's something of a sore point for the average city shelter - that it's all very well for "no-kill" shelters to promote the happy fact that they kill no animals; but that means someone else has to do the dirty work.

On any practical level, there's only one solution to the problem of pet overpopulation: spaying and neutering.

About two and a half years ago a rather large bombshell landed in the middle of the animal rights movement. Two articles by the much respected animal lover and activist **Ed Duvin**, took aim, fair and square at the whole humane movement. However much good it might be doing in many areas of animal rights, he said, it was failing miserably in relation to the animals that most people relate to all the time: dogs and cats. The pet overpopulation problem, he said, was leading to the death of millions of pets in shelters. "Euthanasia ... represents an abject failure, not an act of mercy."

Ed Duvin proposed **Project Zero**, a goal to reduce, and ultimately eliminate, all unwanted births. He called for a neighborhood by neighborhood, door to door grassroots campaign of community organization. "Ending companion animal overpopulation is a struggle that can and must be won, as the alternative is to continue killing our extended family."

A lot has happened.

The first big move came in San Mateo County, Calif. They passed a

law last year which requires that most pets must be spayed or neutered. Only dogs and cats owned by professional and hobby breeders holding permits are allowed to reproduce.

Soon after San Mateo County made this move, dozens of cities and counties started considering similar ordinances. And hundreds of officials from across the U.S. soon contacted the Peninsula Humane Society and San Mateo County to learn more about their landmark new ordinance.

And now communities in almost every state in the U.S. are working on mandatory spay/neuter legislation.

New Jersey is the first state to operate a state-run spay/neuter program, offering \$10 operations to low income pet keepers, and \$20 operations to anyone adopting a pet through a municipal pound or non-profit animal shelter.

"If the latter half of the 20th century has been marked by human liberation movements, the final decade of the second millennium will be characterized by liberation movements among species, so that one day we can attain genuine equality among all living things."

*Animals' Agenda
Jan-Feb 1992*

Spearheading the effort

Earlier this year the Humane Society of the United States launched its own big effort: **Until There are None, Adopt One**. Introducing the plan, HSUS president John Hoyt

talked about the importance of people power. During the past several years, he said, the power of the consumer has stopped the fur industry and the testing of animals for cosmetics. People can do the same thing on this program too:

"Until there are none, adopt one! I can think of no better way to begin to turn destruction into reduction, defeat into victory, and death into life. This is a campaign to save lives, not to promote businesses or institutions. It is a campaign to reverse our failures and assuage our guilt. This is a campaign to promote pet companionship, a companionship that can enrich the lives of both the animals and those providing a place for it."

One of the excellent local campaigns was mounted by the Humane Society of Willamette Valley and the Oregon Humane Society who flooded their entire state with the message to spay or neuter pets. Billboard companies donated space for roadside messages, and other local humane agencies and the state veterinary association all took part.

Other groups simply keep up a good and very determined low-cost program. In Honolulu people purchase a certificate from the Hawaiian Humane Society and can then go to one of the many participating veterinarians who will then do the procedures at a very reduced cost.

Lots of new groups

In fact a whole new generation of organizations has come to the fore to help pay for spaying and neutering, or to do the job themselves.

One of the most extraordinary is the **Animal Foundation of Las Vegas** which altered 25,000 animals in three years with one clinic and one vet! After just one year of the Animal

Foundation's work, the skyrocketing numbers of animals being put to sleep in Las Vegas had been reversed, and 6500 fewer animals were put to sleep than would otherwise have been.

In Los Angeles, **New Hope for Animals**, the **Mercy Crusade**, **Actors and Others for Animals** and the **SPCA** are among the groups who fund spay/neuter programs. But the best news from Los Angeles is that the L.A. city council has earmarked funds for the coming fiscal year for 20,000 spay/neuter vouchers.

"Cruelty to animals leads invariably to cruelty to other people. And people, too, are being abandoned to the streets in record numbers."

Rabbi Joshua J. Hammerman

Friends of Animals has a nationwide reduced cost spay/neuter program which includes subsidies for low-income people. Call **1-800-321-7387**. Friends of Animals issues a spay/neuter certificate to pet owners that is redeemed by veterinarians.

And **Spay Neuter USA** links veterinarians and volunteers together in a low cost spay/neuter program. The network is now in 48 states and includes 250 volunteers. Veterinarians in the network participate by invitation only and have excellent surgery and public service records. Call **1-800-248-SPAY** to be linked with a low cost spay/neuter clinic or veterinarian in your area.

The **Doris Day Animal League** has a **2-2-2 Project**. They aim to prevent the births of 2 billion unwanted animals by the year 2000, by having members fix 2 animals each year. They say that anybody fixing 2 cats this year will prevent those cats from producing two and half million progeny by the year 2000. And fixing 2 dogs this year will prevent them producing 8,000 more of their kind.

And all of the above is just a fraction of what's been going on. It is truly a major national effort, which is really beginning to pay off.

Education

Another really important part of the effort is education. Millions of people still think that it's good for pets to have puppies or kittens, and this ignorance reaches into the highest circles. Animal loving groups and humane societies were aghast when President and Mrs. Bush expressed pleasure on national television a couple of years back that their dog Millie was having puppies. This, say the animal organizations, sends the worst possible message.

Folktales and myths abound in rural America. Many people believe it's good for a female dog to have at least one litter of pups. It's good for the children to see it. A neutered male dog might somehow reflect badly on his macho master.

All of these stories are untrue. Indeed, any which way you look at it, dogs and cats are much better off being altered. It's infinitely kinder to their unborn, unwanted babies. And from many points of view your pet will be safer and healthier: less chance of mammary tumors in females, and prostate cancer in males, just for starters.

Most humane organizations have excellent literature available on the subject. Best Friends has a leaflet "Let's Talk About Sex", which addresses several of the questions we are most frequently asked on the subject. Call or write for a copy.



Be kind to animals,
Be kind to trees,
Be kind to the earth
and everything on it,
Be kind to children
and one another,
... and God will be kind to you.
And that's a promise!
Signed,



Angel Canyon presents

“A Weekend with Your Best Friends”

October 9-11, 1992

- Hands-on workshops with the animals
- Information sessions with knowledgeable staff members
- Contact and communication with wildlife and the earth

... All in the rejuvenating atmosphere of one of the world's most majestically beautiful sacred places.



Best Friends Animal Sanctuary invites you to a weekend of unique workshops in the timeless beauty of Angel Canyon.

Once the sacred home of the Anasazi people, Angel Canyon, in the red-rock country of Southern Utah, is now home to Best Friends, one of the largest no-kill sanctuaries in the world.

Come for a special weekend retreat here. And in this peaceful and healing setting, you can work directly with the animals, and learn how to save lives and create new futures for pets in need.

A Weekend with your Best Friends

Arriving at your accommodation in Kanab, a sunset drive brings you to Angel Canyon for dinner at Best Friends Headquarters, overlooking the panorama of this red-rock canyon. After dinner the red rocks turn to gold under the full moon, and the trees dance and shimmer in the silvery light of this magical land.

The Saturday morning workshops are all "hands-on." You'll be right there among the dogs and cats of Best Friends, participating in real situations, working with animals responding to your very special loving care.

There's a choice of afternoon workshops: from rescuing and caring for animals, to learning how to communicate better with them.

(If you bring young people with you, our humane education director offers special workshops on the care of animals.)

After that, there's a get-acquainted outing through Angel Canyon, by jeep and on foot, visiting a few of the remarkable sites here. And dinner is a vegetarian cookout around the campfire at Angel's Landing, a magnificent dome-cave overlooking the canyon, with music and conversation and stories and legends of this special land.

The workshops with the animals continue on Sunday morning. After lunch the day is yours. You can spend more time with the animals, go for a hike in the canyon, or take part in an EarthWalk or a Jeep Tour.

If your schedule permits, you might consider staying over and spending Monday in Angel Canyon or any of the four great National Parks which are an hour or so from here.

The Best Friends Workshops

You can attend any three of these "everything-you-want-to-know-about" workshops:

◆ Medical care for emergency and routine situations:

(Two sessions are offered: basic and advanced.)

How can you treat an animal in an emergency? How can you tell what's the matter, and what should you do until you can get to a vet?

You'll learn some simple money-saving home treatments, and some routine procedures like shots, hydrations, pilling, etc. Also, how to choose a vet, and how to talk "vet-speak."

◆ How to talk with animals:

We've been talking to the animals here at Best Friends for years. And yes, they do talk back! The trick is in learning how to listen.

Enter a whole new world of contact with animals, as you learn how to ask them questions, what to say and do to tell them about you, and how to use your other senses for communication.



◆ How to rescue animals in need:

There's a dog running down the highway; a cat living down a drainage pipe or up a telephone pole. Your neighbor is mistreating a pet, but you don't know what to do. Or some of the local wildlife has found its way into town and is lost and frightened.

We've got some answers, but bring your own ideas and experiences for this round-table workshop.

◆ Starting a do-it-yourself sanctuary:

We do it with 1500 animals. But it started with half a dozen, and the same basic rules apply. You need facilities; you need to know your limits (very important!); you need simple routine procedures for daily care, emergency care, and dealing with new arrivals.

And if you're going to find new homes for pets, there are some absolute do's and don'ts we'll share with you.

◆ Organizing a pet rescue network:

Rescue networks are part of a whole new wave of animal care.

What you and a few friends can do to make a big difference. One person might have a big yard, but another is great at finding new homes for pets. Should you have a voice-mail number? A referral service? Mobile adoptions? How useful is a computer? Find out how to put it all together.

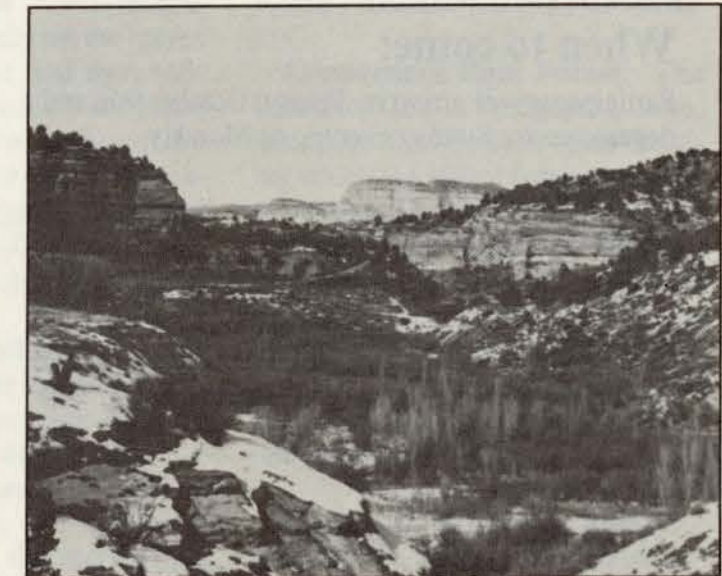
◆ Young people's workshops:

These will be presented according to the age and number of children present.

Note: Best Friends staff members will be sharing knowledge and experience from years of animal care, but no special claims are made or implied in the tips and advice they will be passing on. Best Friends recommends that anyone in doubt about the care of an animal should seek professional care from a licensed veterinarian.

Other things to do at Angel Canyon

Each of these is a three hour activity with other participants, led by an experienced guide. There's an additional charge.



Ancient Anasazi Cave Tour

The caves, kivas and relics of the ancient Anasazi people, and the pottery and tools that lie everywhere, will take you back through cultures that began over 2000 years ago, and flourished around 900 AD. You'll see their petroglyphs and their handprints, drawing you into their world, hand to hand.

EarthWalk

Listen to nature. Feel its presence, and commune with its beauty. Focus your senses and open yourself through meditation, touch, sight, sound and scent, as you visit the wildlife and plantlife. Discover your connection with the earth. Energizing, healing and refreshing.

Canyon Hike

A not-too-strenuous hike off the beaten track with an experienced guide. Towering cliffs, tinkling waterfalls and sculpted, narrow side canyons. Three hours of pure magic.

A Weekend with your Best Friends

Angel Canyon is located just north of Kanab, Utah, at the center of the Grand Circle which includes the Grand Canyon, Zion National Park, Bryce Canyon, and Lake Powell.

When to come:

Participants will arrive on Friday, October 9th, and departures are Sunday evening or Monday.

Transportation:

If you're flying in, the St. George, Utah airport is served by several airline carriers through Phoenix, Salt Lake City and Las Vegas. Transportation from St. George to Kanab may be available through Best Friends.

Who should attend:

Anyone interested in helping lost and abandoned animals.

Price:

Including private motel room: \$270.

Including bunkhouse-style accommodation: \$230.

Children's program: \$25 per child

There's a 10% discount for members of Best Friends, and special rates may be available for families. Call us for details.

Price includes:

- Tuition
- Course materials
- Two nights lodging
- Lunches and dinners
- Tour of Best Friends and Angel Canyon
- Certificate
- One-Year subscription to Best Friends Magazine. (If you already receive the magazine, you can give this extra subscription to a friend or library.)

Registration:

A \$150 deposit must accompany registration. The deposit is refundable if you cancel prior to September 18, 1992. After then the deposit can only be returned if the canceled space is filled.

The seminar is limited to 50 people, so apply soon.

Please complete a registration form for each participant. (Photocopies are fine.)

✂

Choose 3 workshops you'd most like to attend: ☐ Emergency Animal Care (basic). ☐ Emergency Animal Care (advanced). ☐ Animal Rescue Roundtable. ☐ How to Talk to Your Pet. ☐ How to start your own sanctuary--large or small! ☐ How to start a pet rescue network.	Print or type: Name: _____ Address: _____ _____ Phone: () _____ Names and ages of children who are participating: _____ _____ ☐ Enclosed is my check.
Pricing and Accommodation: _____ Including motel room (\$270) _____ With bunkhouse accommodation (\$230) _____ plus \$25 for each child. Total amount \$ _____ ☐ Smoker ☐ Non-Smoker	Mail to: Best Friends Animal Sanctuary P.O. Box G Kanab, Utah 84741 (801) 644-2001

Wildlife and the Earth



Black Tie Event. The southern tip of Argentina is home to 250,000 small-size Magellanic penguins. At a big rookery there the penguins blithely walk all over the place while tourists are restricted to the paths. One enterprising tourist from Texas brought along his tuxedo, so he could be photographed properly alongside a penguin! (*World Monitor*, April, 1992)

California **Gray Whales** may soon be dropped from the Endangered Species list. Their numbers are back up over 20,000.

Wolf Action Line. Defenders of Wildlife now has a round-the-clock call-in number where you can get the latest info on their Wolf Restoration Program. Call 1-900-288-HOWL. You can also arrange on the phone to send a personal letter to your congressperson about wolf issues. The cost of the 900 number call covers the mailing expenses.

The **National Wildlife Federation** and other conservation groups have been granted permanent observer status at the U.N. This gives them access to the world body so

they can go in and lobby the delegates for what they want done.

Chimp medicine Chimpanzees in Africa don't usually eat the leaves of a particular plant, and then suddenly they'll go specially for those leaves. A biologist analyzed the leaves and found that they kill intestinal parasites, fungi, and certain retroviruses in the AIDS family. The chimps are taking their medicine!

The **Florida Panther** is also doing better. There are less than 50 in the wild, but the Fund for Animals helps preserve their habitat. There's a program to let the animals breed in a conservation area, and to have a colony of 130 by the end of the decade, many of which could be returned to the wild.



Bats are some of the most important inhabitants of tropical rainforests. Fruit-eating bats fly long distances, dropping fruit seeds as they go, which helps the trees re-seed themselves. Without bats, many types of tropical trees would be in big trouble.

News of Zoos

Zoos have always been a controversial item among animal lovers who consider them little more than prisons to exploit animals.

But in recent years, enlightened managers have been changing the

whole concept of zoos, so that many are now becoming places to protect endangered species and educate people about animals and their needs.

Connecticut Rain Forest! The Beardsley Zoo in Bridgeport, Conn., has opened its World Tropics Building which is a state-of-the-art replica of a tropical rain forest, complete with animals, birds and reptiles, mist generators and special animal sound effects. The zoo was in danger of closing a few years ago, but, like many other zoos, is now becoming a center for helping to protect animals rather than exploit them.

Karnaudi is a baby Asian elephant, the sixth to be born at Florida's Busch Gardens Zoo. Asian elephants are very endangered, but Karnaudi is doing fine. At birth in 1990 he weighed in at 200 pounds.

Howletts is a private zoo near Canterbury in England. It's run by John Aspinall, an entrepreneur who is especially fond of gorillas. "Being English, I admire people who are not too emotional," he says, "and gorillas have dignity, equanimity, and aloofness."

Aspinall pioneered the idea of keeping gorilla groups together to mate and raise their young. His project has one of the highest birthrates of any gorilla group in captivity. Now Aspinall is reintroducing lowland gorilla groups back into the wild at the Brazzaville Zoo in the Congo.

(*National Geographic*, Mar. 1992)

What do **orphaned baby harbor seals** drink from their bottles? Heavy cream and cod liver oil. The New England Aquarium in Boston raises orphaned pups and then returns them to the sea.

Turtle Corner



The New York Turtle and Tortoise Society held its 18th annual show in Manhattan. The society boasts 2,000 members and was founded in 1970. Members help turtles and tortoises all over the world, protecting their habitats, and caring for the homeless and sick among them.

The Cramer family, for example, runs a halfway house and placement program for up to 800 turtles. Mrs. Cramer explains that turtles can live up to a hundred years. People don't realize how much care pet turtles will need, and they don't know when they buy or adopt a turtle that, if well cared for, it will almost certainly outlive them. Provision should be made for them in people's wills. The Cramers take their own turtles with them on vacation, since it's not easy to find a turtle-sitter.

Allen Saltzberg writes and lectures on turtles, and creates special habitats for his turtles. Some turtles need lots of water. Others are land turtles, who need dry areas and humid hiding places, he says. His wife is writing a book called "Confessions of a Turtle Wife."

The Society has an adoption chairman, Alexander Ypsilanti, who finds "happy, healthy homes" for turtles. He personally takes care of 50 turtles, ranging in size from Pee Wee, who's the size of a nickel, to Lucille, a two foot long snapper.

(some info from N.Y. Times, June 4, 1992)

Cosmic footnote on turtles:

At the end of an astronomers conference, a scientist was taking questions when a little old lady stood up at the back of the hall:

"Very good, honey," she said, "you think you're real smart don't you? All your clever talk about galaxies and quasars and black holes. Well, that's not the way it is at all. The whole earth is carried on the back of a giant turtle."

Chuckles. The astronomer, slightly condescendingly:

"I see. And might I ask what the turtle's doing, and what's holding him up?"

"My goodness," she replied. "You're really not very clever at all, are you? The turtle is sitting on the back of another turtle."

"And what's that turtle doing?"

"Are you kidding? It's on the back of another turtle."

"And what's that turtle doing?"

Slowly her face turned from scorn to great pity and sympathy.

"Oh my," she said quietly. "You really don't understand at all, do you? It's, uh, it's, you see, well ... look, honey, you gotta understand, it's turtles all the way down."

News about the earth

Remember the Persian Gulf?

The terrible oil spills during that catastrophic war? Well, things are looking up already. There's a U.S. government research ship on a 100 day damage assessment mission there, reporting that although the worst hit seashores are completely wiped out, life is coming back in the others. Sea turtles are doing OK, coral is growing.

Global warming and the Netherlands. The Netherlands are right at, or just below, sea level. If the polar icecaps melt just a bit, sea level will rise just a bit, and the land will all flood. So the possibility of global warming means for Netherlands the real likelihood of losing most of their country!

So the government is spending nearly half a billion dollars in the next four years to prevent global warming and look after the ozone layer. Citizens are now trading cars in for bikes. One lady, interviewed on the CBS Evening News, said about cars: "They're dirty and they stink."

Japan and reforestation. Japan gets a bad rap for its deforestation policies as the world's largest importer of wood. But Japan is also the world's leading contributor to the International Tropical Timber Organization which, for example, is involved in a major reforestation program in the Philippines. Japan has also been helping replant in Senegal, Tanzania and India.

Ecotourism in Costa Rica now brings in \$300 million a year, and definitely beats trying to make money by destroying the land! Costa Rica contains half a million plant and animal species - 5% of the world's total. Ecological organizations abound there, and there's some kind of eco-conference going on there almost every week.

Trees are Wonderful!

Money Does Grow on Trees The average shade tree is worth \$2,000, according to recent court decisions. Experts say that over 50 years, one tree produces over \$30,000 worth of oxygen, and over \$60,000 worth of air-pollution control.

Trees can enhance the value of your private property by up to 20%. In the desert southwest power companies offer subsidies for trees to be planted near houses.

Trees are Cool. Tropical forests are a big global air conditioner. The evaporation of huge amounts of water cools the tropics. And all trees absorb carbon dioxide - the greenhouse gas that can overheat the atmosphere.

Trees store rainwater, helping it to penetrate slowly into the earth. They also recirculate the water.

Tropical forests have their own ecosystems: they collect the rain, which then evaporates off the leaves back into the air, gathers into clouds and falls again as rain.

Take Two Trees and Call Me in the Morning. Trees produce hundreds of medical cures. The following are just a handful:

Quinine fights malaria.

Taxol is used to treat cancer, and was just discovered to help heart disease, too.

Curare is an anesthetic which also treats Parkinson's Disease.

An alkaloid from Australia's Moreton Bay chestnut tree shows promise in the treatment of AIDS.

And the periwinkle plant has increased the survival rate of children with leukemia fourfold.

Tree Beliefs

The Yanomami of Amazonia believe that people descended from trees.

The Siberian Yakuts believe that the Earth-Mother sustains her children with the sap of the tree of life.

The Ogalala Sioux believe the world is held together by a flowering tree.

A Sumerian epic describes a curse that came upon the descendants of Gilgamesh because he cut down the holy cedar forests of Mesopotamia to build a city.

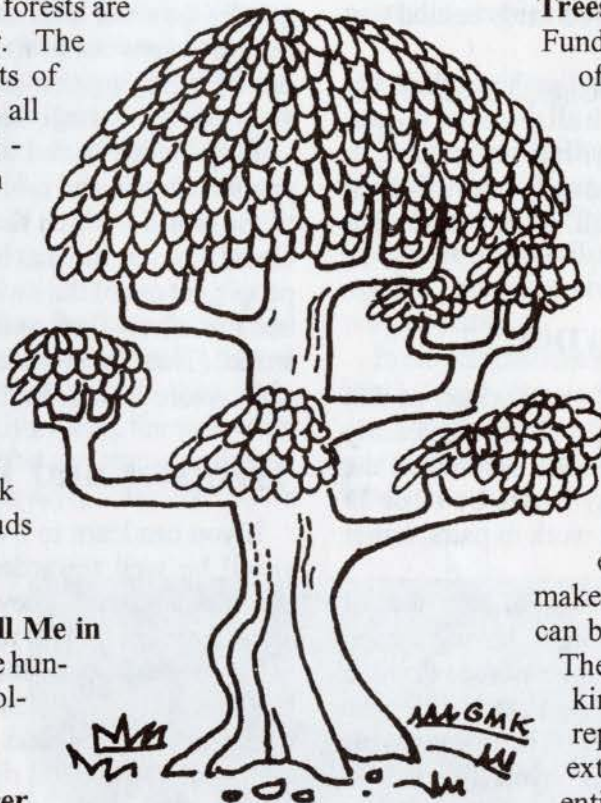
The Bishnoi faith of northwest India, founded in 1485 by a guru who survived a famine caused by the destruction of the forest, forbade his followers to kill any animal or cut down any green tree.

Trees save rice The World Wildlife Fund says that in India a wild species of rice, found in a 50 million year old forest in the Silent Valley, proved much harder than the rice normally grown in India, and helped save the rice crop from severe failure.

Toothpaste Tree Baffles Bugs. It's the Neem tree, and it grows in South Asia. For thousands of years people have chewed its stalks to benefit teeth and gums. Ancient Sanskrit texts extol its virtues. In India they make a toothpaste from it, which you can buy at some U.S. health stores.

The tree produces many different kinds of natural insecticides and repellents, some of which can be extracted and used on crops. Scientists now reckon that the tree produces 20 different kinds of anti-bug compounds. Some taste revolting to insects, others affect their hormonal systems. And the sheer number of different effects makes it extremely difficult for any insect to adapt to the tree.

Hug a tree, build an empire. Finally, to repeat something we mentioned back in March, if you really like a particular tree, you can give it a hug! Otto von Bismarck, who built the 19th century German empire and was no push-over, regularly hugged his favorite tree. Many people say trees give off very good "vibes" and will make you feel happy and relaxed.



The Coyote

What's he trying to teach us now?

You hear their laugh from just over there somewhere, quite close. You head off in that direction, quietly, hoping to spot one. They're still laughing - a high pitched laughing howl. Must be real close - just near that sand dune. Here we are. Oops. There's the laugh again, but it's a few hundred yards behind you now!

And that's the coyote - the laughing trickster; sharing the land with us, and with all the other dogs at Best Friends Animal Sanctuary, but not as pets or companion animals. Theirs is the call of the wild, just out of sight, just over the next hill. In our world, but not quite of our world.

Coyotes are family types.

They mate for life, breeding in mid-winter so that the pups will be born in spring. There are usually about five in a litter, and those who survive all the traps and tribulations of life may live to be 12 or 13 years old. They tend to live and work in pairs, rather than in wolf-style packs.

Occasionally you might catch sight of a few of them, down by the creek at first light, having a good drink before retreating back to their homes through the hot summer days. And when you catch a glimpse of them, or hear their song, part humorous, part melancholy, it's no wonder the coyote features so strongly in the myths and legends of the ancient people who lived here. Here's a typical one, featuring Wolf and Coyote, who come to represent the two sides of human nature:

How the people got here

One day, the great Ocean Grandmother (she lives in what is now California) comes to the home of Wolf and Coyote, with a big sack, well tied at the top. She tells the brothers to take the big sack into the high desert inland where Rabbit lives. So Wolf says to Coyote: "Go ahead, you take the sack to Rabbit. But

whatever you do, don't open the sack before you get there."

Coyote is very inquisitive, and has great difficulty following the rules. And the sack is pretty heavy too, so who needs all this hard work? Soon enough his curiosity gets the better of him, and he opens the sack. Throngs of people stream out of the sack. Rabbit comes rushing to the scene, saying that this is absolutely not where people are supposed to be living.

They tie the sack back up, but there are only a few people left in it, and rabbit takes these people to the center of the world - which the legend says is just north of the Grand Canyon in what is now Southern Utah. Those few people get out of the sack, and say it's the best place ever, and that's how they come to be living at the center of the world. (That "best place in the world" just happens to be right where Best Friends now is!)

Trickster and Teacher

If you can learn to live with Coyotes, say the legends, you'll be well rewarded. Coyotes brought fire to the ancient peoples. They were mankind's teachers too, showing them how to make pottery and clothes.

The mythology of those ancient people has an important meaning. Coyotes were definitely troublemakers back then. They would creep up on your cave unnoticed and steal the dinner right out from under your nose. Worse, they might even run off with the baby. But the lesson of the folktales was that if you treat the coyote as an enemy then you end up fighting nature, not living in it and with it. And if you're against nature, then ultimately you'll lose. If you manage to co-exist, to give it its due, and to work with it, then ultimately you'll both win. That's why the coyote has this dual nature in the myths: part devil and trickster, part teacher and helper.

A lesson for us too

It's a wise lesson which we moderns would do well to learn from our ancestors. Wildlife experts keep trying to

explain it to urban sprawlers and to farmers who have an ongoing campaign to kill coyotes everywhere.

Suburban humans worry that coyotes are showing up in their back yards. (Coyotes worry that suburban humans are showing up in **their** backyard!)

And farmers and ranchers complain that coyotes kill their sheep and chickens. That's often true. But wildlife experts point out that by breeding those animals unnaturally we're upsetting the balance of nature. And worse, by picking off the most easily visible and shootable coyotes, people are dangerously speeding up the normally slow and painstaking natural process of evolution and survival of the fittest.

That's because coyotes, like humans, are very good at adapting to difficult situations. They are highly intelligent creatures. They don't give in. They see what's being done to them, and they learn from it. And that's their best trick of all. Some coyote experts now say that far from eliminating these clever dogs, the agencies and people who are trying to "control" them are actually defeating their own ends.

The supercoyote

Zoologist Susan Ring says that the knowledge and memories gleaned by each generation of coyotes is passed right on to their young through their genes. So people who kill off the coyotes are actually making them cleverer and more resistant to humans. The government agency that's going after the coyotes, she says, "has created its own worst nightmare through unnatural selection. It has created a supercoyote." That's because they are so highly intelligent. And it is a terrible irony that whereas at the beginning of civilization people began to befriend the wild dogs that would hang around their campsites, now at this stage of our civilization there is an effort to wipe out the coyotes, their descendants, that are in and around every city from Los Angeles to Philadelphia.

There's another coyote legend that's told by the native American Paiute people here. The Paiutes first came to this area about 600-700 years ago. Before them the Anasazi had

built up a serious civilization throughout the Four-Corners area, which had eventually failed. The Paiutes, goes the legend, were having some trouble too, in a time of drought, and they prayed for assistance. The Coyote answered their prayers with a howl and a laugh.

"Why are you laughing at us?" they asked.

"Learn from me," said the Coyote. "What do I do if I'm running out of food?"

"You go somewhere else," they replied.

The Coyote laughed and ran off. And the people realized that if they depended too much on their civilization they would lose their livelihood, just as the Anasazi had done before them. And that, supposedly, is the reason that they have always remained nomadic people, and great survivors.

The last lesson?

Somewhere in that legend there's another lesson from the Coyote - and this time it's to us. What's the Coyote trying to tell us this time? What's he telling us about our own civilization? And if we pit ourselves against nature, as embodied in the Coyote, will we win for sure?

In his comprehensive book "North American Wildlife" George Laycock writes:

"Coyotes prosper in the face of adversity.... Biologists often say, only half-jokingly, that coyotes will inherit the earth."



Veggie Health



Celery can help reduce your high blood pressure, according to oriental medicine. Raw celery and oil of celery have been used for hundreds of years in the east, for blood pressure and other circulatory disorders. (Western doctors warn people not to eat too much, however, because of potential toxic compounds in large amounts.)

Dr Ellen Dierenfield designs diets for zoo animals across America. She talks about the importance of Vitamin E, and works with vitamin companies who donate supplies in return for information from her research (which seems to us an acceptable form of "animal experimentation"!). The doc is off to China now to see how much Vitamin E pandas eat in the wild so that she can set up standards for zoo pandas in the U.S.

Vitamin E may be good for you too. Medical literature says it may prolong life, help your heart, increase fertility, boost your immune system and whatever else. Check with your doctor - or your panda.

The veggies shall inherit the earth. One third of all meals served in restaurants in the U.S. in 1991 were vegetarian, according to a Gallup poll.

Compassionate Cooking

Good Green Salads

The two secrets of good salad making are presentation and variety. Here are a few tips on both which will make your salads famous!

Presentation:

- 1) Use greens which are fresh, with no wilted or discolored leaves.
- 2) Wash vegetables well, make sure there's no sand or grit down between the leaves. I fill the sink with water and put everything right under and swish it around well.
- 3) Keep your salad cool so that it remains fresh and crisp but not cold so it loses flavor. Take salad out of fridge 15-20 minutes before serving time.

Variety:

1) Try new things: Arugula, Perilla, Endive, etc. Use fresh herbs sparingly - they add a splash of flavor! Try cilantro, basil, oregano, mint, etc. By far the best salads come from your own garden. If you have the space, plant a "salad mix" and have great salads all season long!

2) Color is important for variety and presentation. Try Nasturtium or other edible flower petals, purple onions or cabbage. Try fruit like kiwi, raspberries or mandarin orange slices.

3) Use a variety of textures in your salad. Throw in some sunflower seeds, cashew nuts or pecans. Try cubes of tofu marinated in soy sauce with a little lemon juice.

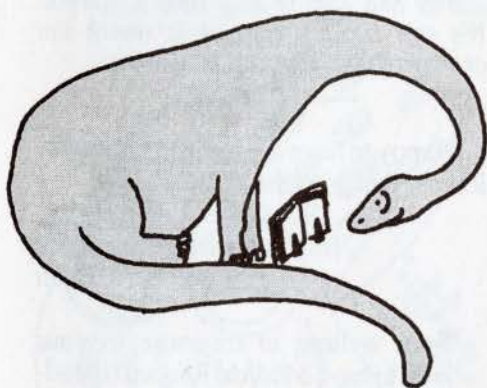
Putting it all together:

Add the dressing and toss your salad well; this way the dressing goes further and gets into the salad better, and you won't have all the small bits staying on the bottom. Enjoy!

- by Cyrus Mejia



Books



Digging Dinosaurs by Dr. John R. Horner, curator of paleontology at the Museum of the Rockies in Bozeman, Montana, tells about extremely ancient wildlife! He was the first person on record to find nests of dinosaur eggs. He says you can infer quite a lot from these nests: the babies were probably fed by their parents; and they were warm blooded - therefore more like the birds of today than the reptiles of today.

Looking at other species of dinosaur, he's concluded that some types lived in herds - possibly even 10,000 to a herd! These herds lived on grasslands, and possibly operated like the huge herds of American bison who also suddenly "disappeared" by the millions (when the European settlers arrived).

Dr. Horner reckons that some of the scales and plates and weird frillies that the dinos grew on their bodies were like peacock feathers and the like - ways of scaring their male competitors and attracting the female.

Looking through Dr. Horner's eyes, you see not the rocks and mounds that now house these fossils, but the land as it was way back then. Instead of green mudstone you see a stream; instead of stone bones you see a mother dinosaur running back and forth from the stream to her nesting ground; you see a lake, and an island where dinosaurs are going to lay their eggs safely.

Animals and Celebrities



Zola Budd, South African running champion, has 5 dogs, 3 cats, 8 turkeys, 5 geese and 15 chickens.

Edwina Sandys, grand-daughter of Sir Winston Churchill and famous English sculptress, presented a massive "objet d'art" at the Global Forum - part of the Rio Earth Summit. It was made entirely of recycled aluminum, and depicts a person, hands upstretched, between two trees, pierced by hearts, birds and fish.

Several years ago American Artist **Peter Max** designed a beautiful exclusive "Let Life Live" poster for PETA. Now his daughter, **Libra Max**, has donated 12 of his original, limited-edition prints to PETA. The sale of these drawings will raise thousands to help animals.

Steve Wynn, owner of the Mirage Casino in Las Vegas, flew a kangaroo, Bon Bon, to Salt Lake City for cataract surgery. Wynn is very sympathetic since he has had exactly the same operation as Bon Bon!

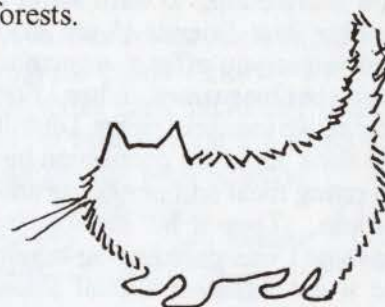
Millionaire businessman **Lee Bass** of Fort Worth, TX, is putting up \$2.4 million to move black rhinos from Zimbabwe to ranches on Texas where they will be safe from poachers. The money will also provide anti-poaching equipment in Africa.

Alec Baldwin, star of "A Streetcar Named Desire", testified on behalf of the horses at a New York City hearing on expanding horse-and-carriage operations around Central Park.

Lindsay Wagner features in a television PSA asking people to stop eating veal because of the cruelty involved to the calves.

Martina Navratilova and **Steffi Graf** love their animals. Martina has four Shiba dogs and a miniature fox terrier called K.D. (killer dog!). And Steffi Graf has two German shepherds and two boxers, whom she calls twice a day "to see how they feel" when she's away from home on a tennis event.

Super-star actress **Kim Basinger's** favorite charity is the **Fur Bearer Defenders**. She did a great video for them and now the governor of Washington State has issued a proclamation supporting the re-introduction of the gray wolf into the local forests.



Letters



A friend gave me a copy of your magazine. I notice you accent the happy endings instead of the horror situations. I liked that.

I am treasurer of our very small local humane society. We subsist on donations, rummage sales, bake sales, raffles etc. So far we have remained solvent, although it gets precarious at times. We have a neuter/spay program. No one gets a salary, but we do give the animal caretaker a gas allowance. She picks up the strays, and takes animals to the vet.

Good luck and God bless you all,
HELEN WILSON
Sunsites Animal Friends Effort
(SAFE)
P.O. Box 113, Pearce, AZ 85625

Blessings to you too. Incidentally, your story parallels ours - that's exactly how Best Friends started.

I've read copies of your last two magazines which a friend had shown me, and I have to say I am very impressed with your organization. I have been an animal rights supporter for several years now, and after hearing about a lot of mismanagement going on in a lot of animal rights organizations, it is refreshing to learn about a place like Best Friends. I am also pleased to see you offer a vegetarian recipe in your magazines. When I first became active in animal rights, I didn't stop to think about the connection between eating meat and protesting animal abuse. Then it hit me that by eating meat I was contributing to one of the worst forms of animal abuse

there is - raising animals for slaughter, particularly on factory farms. All these issues really are inter-connected, a philosophy which I think you embrace.

LAURA BENSON
Silver Spring MD

Your program was explained to me as saving animals who would otherwise be put to sleep. But upon reading through Best Friends Magazine I became aware that my \$2 could instead be used to campaign for CEASE's Beyond Beef campaign and the Anti-fur movement. I strongly oppose radical groups such as these based on their narrow-minded approach, campaign tactics and impact of these ideas on an already unstable economy.

GINGER GREENE
Jefferson CO

Best Friends looks after animals, and does not directly participate (or spend people's donations) on campaigns or political efforts. Our "philosophy" is that if compassion and kindness rule people's approach to life, then gradually we will all end up doing the right thing by the animals, and the earth and all the people too. Thanks to both writers for caring in your different ways.

I am involved with a local group here in Chapel Hill that is trying to save beavers from lethal trapping. In your latest journal I noticed information on the Institute for Animal Rights Law, founded by Henry Holzer. I would appreciate it if you would let me know their address.

STEPHEN PAYNE
Student Environmental
Action Coalition
Chapel Hill, NC

Mr Holzer can be reached through the International Society for Animal Rights, 421 S. State Street, Clark's Summit, PA 18411

As of this date I have not received my June copy of Best Friends Magazine. I would like to know why not. I've had a lot of bad experiences [with other organizations] in the past, and hope not to add another to my list.

M.D.
Pacific Grove, CA

We've sent you another copy, mailed first class. Best Friends Magazine currently goes out 3rd Class, non-profit, which saves a lot of money. Occasionally, a piece of 3rd class mail can go astray and take a long time to arrive. We still reckon the risk is worth the extra savings. Thanks for writing.

Happy to have an exchange of newsletters. Keep up the good work.

DR MARC A. WESSELS,
International Network for
Religion and Animals

I am writing in response to your request to have Medical Research Modernization Committee exchange important research and information with your fine organization. Needless to say, I feel this is a fabulous idea.

Over the last decade MRMC has striven unceasingly to suggest and challenge the clinical value of animal research. Please feel free to use our newsletter as a resource of information for your Best Friends Magazine.

VALERIE J. CHALCROFT
M.R.M.C.

Most of the "good news" we publish here comes from people sending in news from their organizations or their local news. If your group has good news, please keep us in touch through your newsletter. We'd like to report on the good things you're doing.

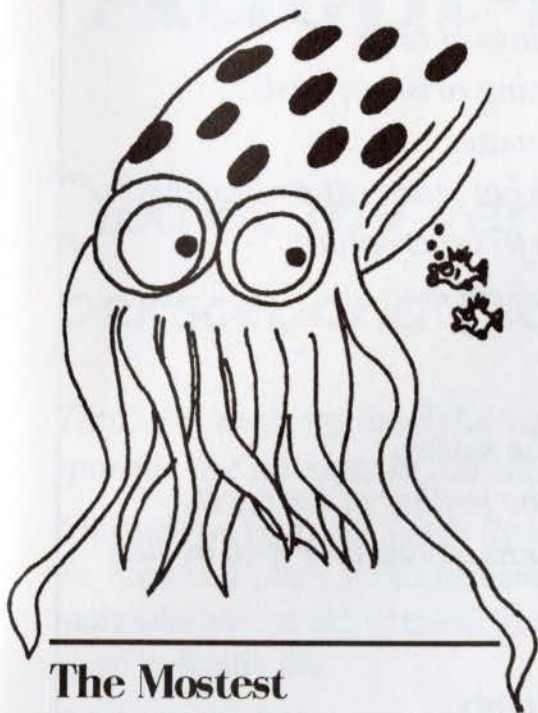
I may just be a kid, but I am the founder of the A.A. (Animal Association). I started by just starting a class newspaper, and I made a name for it. I named it A.A. Then my friends wanted to help and slowly more kids wanted to join and I started a club called the A.A. Then I moved to a new school and started it there.

I was wondering if maybe you could give me some tips on how to make the A.A. more business and professional. Like and/or become business partners.

MARI MICHELSON
Seattle, WA

Sounds like a deal! If you send us some items from your newspaper, then in return you can use any information from Best Friends Magazine in your newspaper.

On the Light Side



The Mostest

Last month, in our continuing series of **biggest, deepest, oldest** things we can find, we reported on the *Biggest Living Thing Ever*, an absolutely giant fungus in the Pacific Rainforest in Washington State, *Amillaria Ostoyae*, which grosses in at 1500 acres. Now this month...

... Here's **Architeuthis**. Nobody's actually ever seen Archy, but scientists have had lots of hints that he/she is there. The name is Greek for "chief squid", and it's probably the size of a city bus, lurking in the freezing depths of the ocean.

Deepest ever? There's an amazing array of life at the bottom of the inky depths of the ocean. One of the latest finds is **Paleodictyon Nodosum** - a six-sided creature, about the size of a poker chip, with rows of intersecting black dots along its back. Or front.

Most prehistoric. Someone's teeth have also been found - in the

Sahara desert. Whoever it was died 50 million years ago, so they're probably no longer looking for their teeth. Seriously, the teeth belong to a creature that somewhere along the line led to the animals that led to humans, and no-one thought that this creature was around that long ago.

Oldest living things on earth. The bristlecone pines of Arizona include some trees which began growing 4800 years ago.

Animals and people

Get a Watchgoose Forget watch-dogs. Get a goose, says the Ramona Animal Shelter newsletter! Geese cannot be bribed with delicious morsels of food. They just scream and goose-step haughtily away.

They feel like a million bucks. A Los Angeles lady left a million dollars to her cats when she died.

The **Portuguese Water Dog** looks like a miniature poodle, but they have bigger lungs and longer tails. There are only about 300 left in America, and they used to be bred to guard the nets of fishermen. The long tails work like rudders when they're swimming, and the big lungs give them stamina. It's said that during the Spanish Armada they carried messages from one ship to another.

New fashions in ties. Floral prints are **out**, say experts. Animal prints are **in**. Dolphins, penguins, seals, and endangered species everywhere are showing up on men's ties.

Casey retires This black labrador was twice World Champion Frisbee

Dog, and twice runner up. And he won lots of money for himself and his person, Jeff Gabel. As a puppy, Casey was so timid that Jeff had to sleep with him on the couch.

Swedish American Hospital in Rockford, Illinois has a Pet Room so pets of patients can visit. Children and the elderly especially miss their pets if they are in the hospital and this service eases anxiety.

Tips on Pets

Doggie sunburn. Be careful not to cut your dog's fur too close to the skin in summer. They might get sunburn.

Flying with your pet. If you need to put your pet on a plane, note the following:

1. It's best not to ship your pet when the ground temperature at either end is above 80 degrees or below 40.
2. Travel at off-peak times, when delays will be less likely.
3. Use a good sturdy kennel with proper ventilation. It should be big enough for your pet to stand up in, turn around and lie down.
4. If the flight is delayed, tell the crew that you have a pet on board, and ask them to inform the captain.
5. Don't tranquilize pets unless they're hyperactive.

P.S. Northwest Airlines has a new program called **Priority Pet**. They take extra care, including notifying you at your seat on the plane when your pet has been boarded.



The Proper Way to Kiss Your Cat

by FELICITUDE



Felicitude is the nom-de-plume of Daphne Negus, Editor of Cat World Magazine for the last 12 years, and author of numerous articles about cats in books and magazines. Her services as consultant are much sought after by publishers of books on all kinds of cats, and she is also considered the world's leading expert on the silver-blue Korat breed from Thailand.

The name Felicity, she says, suggests a felicitous attitude towards cats (felis), apt to encourage rejoicing and congratulations, and keeping cats in the rightful situation with well-made, happy and successful lives.

To most cat owners, kissing is freely exchanged. Many cats respond with a lick or a nip or two. Many seem to grit their teeth and submit with the best possible grace.

When cats lick each other it is part of the grooming ritual. A mother cat may exhibit affection toward her kittens by opening her chops and laying her teeth on some part of them - an ear, or the neck, perhaps.

The real exchange of kisses, feline-style, is with the eyes. When your cat's gaze is directed at you and the eyelids close momentarily, then open to resume the gaze, you have been kissed by your cat. Your response is to lower your upper lids, then raise them, followed by a direct look into your cat's eyes.

This should be a part of your goodbye ritual whenever your plans take you from your cat's company. At those times she will want to be told in words, and mind pictures, that you are going away but will be back after so-and-so long a period of time. (Time for cats is not by the clock but by some routine such as mealtimes.)

Nightfall

*You are Life's Sacred Spring,
Eternal One, beyond the rings of time.
From the beauty of your being arise, in mist,
the spirits of the rocks, the water;
The butterfly of night, with her star-patterned wing,
The delicate footfall of the forest creature,
The great horned owl's ancient eyes,
luminous from age to age.*

*You are the rosepetals of the sunset,
the lustre of the moon on the feather of the egret,
the haunting magic of red rocks casting their spell at dusk
weaving worlds anew.
Before the birth of aeons
you reigned in the blue majesty
of unending peace
which lies ever still
at the center of all being.*

Daybreak

*Bringer of the dawn,
Your Light travels across the earth
as the rays of the rising sun,
scattering the darkness
that the swallows may dance in joy and freedom,
for justice and peace to all your creation,
that oppression and hatred may be vanquished and gone.*

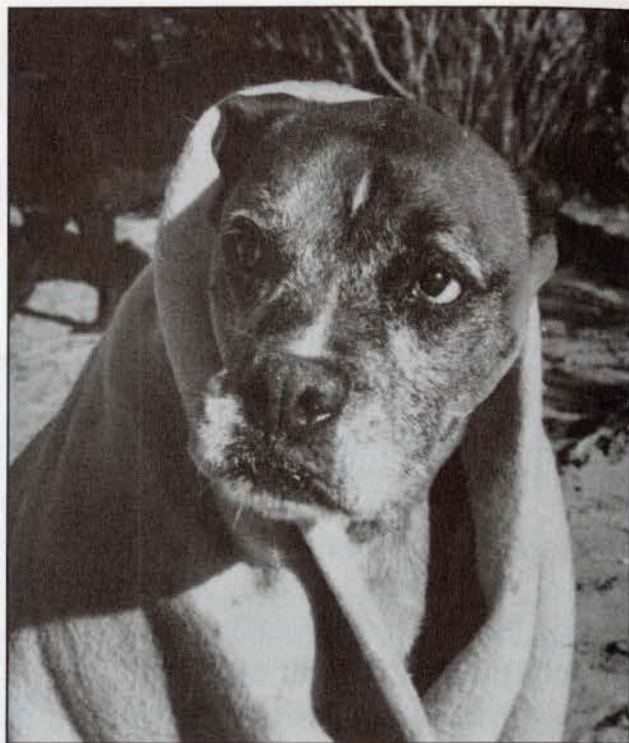
*May great skies begin to open in light
like the petals of the dawn,
to bring rebirth of beauty, love and abundance.*

- Sharon St. Joan

Join the Best Friends

Adopt-a-Pet

Program



"You're my very special person, and I love you!"

That's the message to all the wonderful people who sponsor the animals in our Adopt-a-Pet program.

Although we find new homes for as many as possible of the dogs and cats who come here, there are still many more who are too old, or too sick, or just too traumatized from past abuse and neglect to be able to adapt again to family life.

For these special pets, Best Friends is a haven and a refuge where they are assured of the very best care and love for the rest of their lives.

Of course, this kind of care costs money, and we deeply appreciate our Adopt-a-Pet sponsors who send in \$15 a month (or \$180 a year) for the average cost of each animal here.

Would you like to be an Adopt-a-Petter too?

We'll send you a photo of your new pen-pal, a monthly letter from him or her, and a special certificate. Some of you send letters back for us to read to the animals!

Adopt-a-Petters get a copy of Best Friends Magazine every month too.

More than anything, you'll know that you are making a real difference to the life of a very special pet.

Just fill out the form, and we'll get right back to you. And if you'd like to sponsor a pet on behalf of someone else - like as a gift for a special grandchild or favorite auntie - we'll send the photo and monthly letter to them.

Thanks for caring!

Faith Maloney

Faith Maloney
Director of Best Friends

Yes! I want to make a difference for a special animal.
Sign me up for Best Friends' Adopt-a-Pet program.

- ☐ I'd like to sponsor
 - ☐ A dog ☐ A cat ☐ Any needy animal
- ☐ Here's \$180 for one year's sponsorship.
- ☐ Here's \$15 for my first month's sponsorship.

Name _____

Address _____

City/ST/Zip _____

...And They All Live Happily Ever After

“ Hi, I’m Sam,
one of the rabbits at Best Friends,
and this is my story:

I was a typical Easter Bunny when I was very young and cute. Someone bought me for their children, but soon the fun wore off and nobody seemed to want me any more. So Best Friends brought me all the way here from Colorado. They gave me a real best friend called Heidi. She’s a big black and white Finnish Giant rabbit, and we two are completely inseparable. I’m 8 years old now, and I’m having such a good time that I hope me and Heidi will live together forever! We cuddle up, and share our special treats of carrots and parsley.

So that’s my story. It started out a bit sad, but thanks to the wonderful people like you who help to support Best Friends by buying this magazine, I get to live happily ever after.

God bless you. **”**



Best Friends Animal Sanctuary
P.O. Box G
Kanab, Utah 84741
801-644-2001